

*RELAX & ENJOY OUR  
THERAPEUTIC MASSAGES SERVICES*

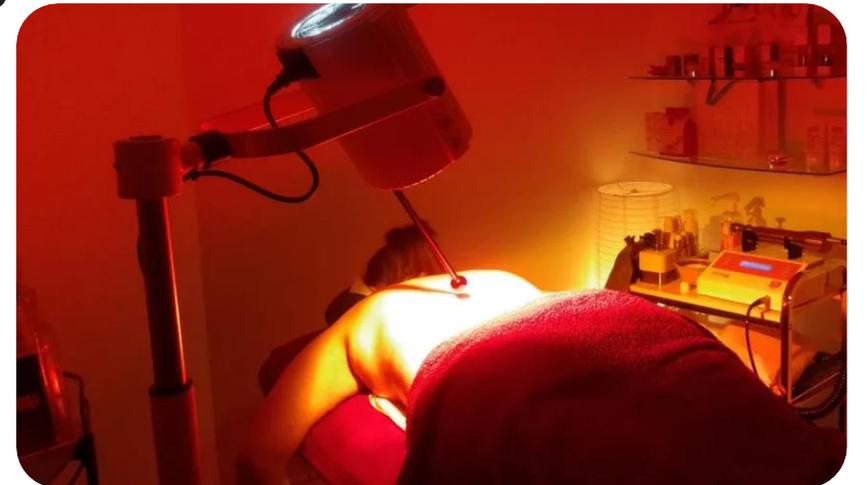
*January 2025*

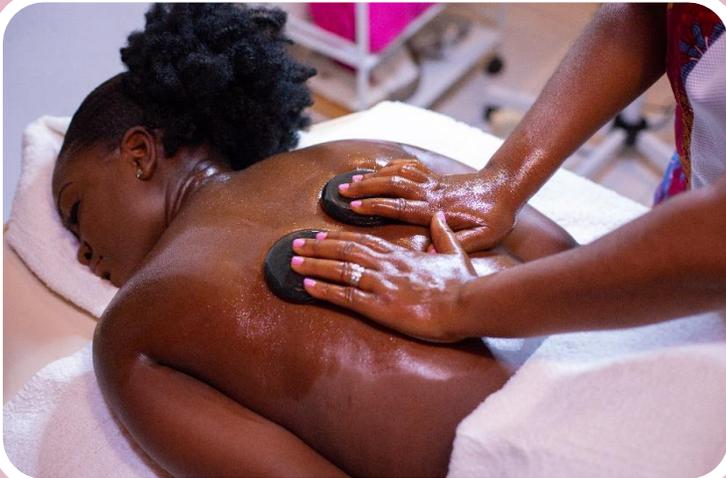
JANEM  
SALON & SPA

# JANEM SALON & SPA Introduces its **NEW Signature Infrared Massage Therapy**

**Infrared Therapy** has many roles in the human body. These include **detoxification, pain relief, reduction of muscle tension, relaxation, improved circulation and weight loss.**

At Jane'M Spa, our signature Infrared Massage Therapy combines **Professional Massage Techniques with Infrared Therapy Lights** and Specially Formulated **Therapeutic Oils for Aches & Pains** to help ease the pain, tension and soreness deeply embedded in muscles





Relaxation Swedish Massage - 60 mins	<b>350</b>
Relaxation Swedish Massage with Specialised Energising Essential Oils - 60 mins	<b>400</b>
Deep Tissue Massage - 60 mins	<b>390</b>
Deep Tissue Massage with Specialised Energising Essential Oils - 60 mins	<b>440</b>
Deep Tissue Massage - 90 mins	<b>585</b>
Deep Tissue Massage with Specialised Energising Essential Oils - 90 mins	<b>635</b>
Hot Stone - 60mins	<b>450</b>
Hot Stone with Specialised Energising Essential Oils - 60mins	<b>500</b>
Hot Stone - 90mins	<b>675</b>
Hot Stone with Specialised Energising Essential Oils - 90mins	<b>725</b>
<b>AROMATHERAPY ACHES &amp; PAINS</b> Massage with Special Blend Essential Oils - 60 mins	<b>440</b>
<b>*NEW AROMATHERAPY ACHES &amp; PAINS</b> Massage with <b>Infrared Light</b> & Special Blend Essential Oils - 60 mins	<b>560</b>
<b>AROMATHERAPY JOINT &amp; MUSCLES</b> Massage with Special Blend Essential Oils - 60 mins	<b>440</b>
<b>AROMATHERAPY PEACE, CALM &amp; SLEEP</b> Massage with Special Blend Essential Oils - 60 mins	<b>400</b>
Back, Neck and Shoulder Massage - 30 mins	<b>220</b>
Leg / Foot Massage - 20 mins	<b>125</b>
Reflexology - 60 mins	<b>300</b>

## Easy to LOCATE US



No. 7B Botwe Street  
Dzorwulu - Accra

## We are OPEN



Tuesdays – Saturdays: 9am-7pm  
Sundays: 2pm-7pm

## CONNECT with US



janemsalonspa\_



Jane'm salon & spa



www.janemsalonspa.com



enquiries@janemsalonspa.com

## BOOK NOW / Message US



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+ 233 54 973 3405

**JANEM**  
SALON & SPA

Look Beautiful  
Feel Elegant